



Directions for Immigrants in  
Trades and Professional Careers

# Directions Headlines

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## Like us on Facebook!

### Check out our recent posts, pictures and events

Don't miss out on the latest news, pictures and updates we have posted on our Facebook page. Once you like us on Facebook you will get to know our team of career coaches, facilitators and support staff who work tirelessly to train, coach, and guide our clients in the right direction. If you are curious about our history, scroll down our timeline back to 2004, the year Directions opened doors. You'll learn about the milestones we have accomplished in the last 9 years such as becoming the Health Care Career Centre for Southern Alberta, offering high quality study groups, moving to a bigger office and offering new employment related workshops.

You also will hear about clients' news and success stories on finding a job in their field and passing licensing exams. You will get our updates about networking events and career fairs in the Calgary area and Southern Alberta as well as licensing bodies activities. The page also features videos about how to be successful in a job interview, how to network effectively and how to write an effective resume. Liking us on Facebook will definitely keep you connected to what's happening at Directions.

Like us on [Facebook](#), follow us on [Twitter](#), join our [LinkedIn group](#), check out our [You](#)

[Tube](#) videos.



## New workshops in 2012-2013

Directions for Immigrants has been offering new workshops since October. Our portfolio now includes a [LinkedIn workshop](#) and the [Workplace Communication Workshop Series](#).

The new LinkedIn workshop helps clients learn how to use this social media network, enhance their profile and expand their network. Patrick Cotter, career coach at Directions who designed the workshop material, trains the participants to join professional groups, follow companies and network with other professionals in their field.

The Workplace Communication workshop series covers cultural norms for the workplace, communicating effectively, solving problems, working in teams as well as cultural competence. So far Directions has offered two occupation-specific series for engineers and geoscientists as well as for nurses. Both workshop series were designed and facilitated by Joan Matsusaki and Joumana Tasse, career coaches at Directions.

"This workshop is very helpful and useful for anybody who wants to enter the workplace," says Ekaterina, internationally educated chemical



## Healthcare clients attended workshop in Banff

Thanks to the partnership with the [Town of Banff](#) and the [Town of Canmore](#), Directions for Immigrants delivered the Orientation and Job Search workshop last month in Banff. This workshop, facilitated by Nabeela Azeem, career coach at Directions, provided an introduction to the facets of working in Canadian health care to internationally educated health care professionals who reside in those areas.

Mari, internationally educated nurse, found herself reflecting on her career plans in Canada: "You make me think of my future," she said, which is one of the main goals at Directions: to guide clients in the right direction when it comes to making decisions for their career in Canada.

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**"Instead of asking a friend, newcomers should book an appointment with Directions for Immigrants and they will tell you the correct information about your career goal."** *Meenakshi, internationally educated nurse*

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engineer and workshop participant.

Watch our [website](#) for upcoming dates of these new workshops to be announced soon.

Directions supports internationally educated professionals in Southern Alberta. If you would like to book an Information Session in your community, contact Grisel at 403-441-2259 | [gflores@bowvalleycollege.ca](mailto:gflores@bowvalleycollege.ca)



**“This workshop taught me the fundamental skills to be an effective team player and further enhance leadership qualities to deal with problems in the work environment.”**

Fideliza R., Workplace Communication for Nurses participant



**“It is good to know there is someone committed to guide us step by step in order for us to achieve our goal.”**

Rainier M., Orientation and Job Search Strategies workshop participant and Banff resident

## Upcoming study groups *Spring 2013*

### All professions

Clear Communication for Business Start date: April 18

### Engineering and Geosciences

National Professional Practice Exam Start dates: April 17 or 20

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Tel: 403-297-2555  
Toll Free: 1-877-297-2553  
[directions@bowvalleycollege.ca](mailto:directions@bowvalleycollege.ca)  
[www.directionsforimmigrants.ca](http://www.directionsforimmigrants.ca)