



Directions for Immigrants in
Trades and Professional Careers

DirectionsHeadlines

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Participants boost their self-confidence in the Clear Communication for Business group

It is neither an English class nor a pronunciation course. Clear Communication for Business (CCB) is a group to help internationally educated professionals increase their self-confidence in their communication for the Canadian workplace in just one week. Each day participants cover a different topic such as improving soft skills, giving and receiving feedback, leadership, teamwork and presentation skills.

"The first step to gain more self-confidence is to become aware of one's soft skills, and how we interact with other people. There is no right or wrong way of communicating. It is how effectively we communicate," says Simran Sandhu, career coach at Directions for Immigrants and facilitator of the CCB group. She adds that the CCB is an interactive group that addresses Canadian employers' expectations.

Every session the CCB participants complete group activities that require them to practice their team work and conflict management skills. They have to take advantage of their diverse professional backgrounds to achieve a common goal.

"My self-confidence has greatly improved during this workshop and I'm looking ahead with much enthusiasm even during this tough economic period," says Kehinde Esan, an internationally educated financial analyst who participated in the February CCB group. Directions for Immigrants has offered 27 CCB groups in the last eight years, with a total of over 220 participants.

A few spaces are available in the upcoming CCB group starting in July. Call 403-770-5155 to book an appointment to determine eligibility.



Cultivating new relationships

17 internationally educated professionals completed the last Networking and Job Leads workshop series. Many of them first met in the How to Network workshop, have built new friendships and are supporting each other in their job search.



Hooray Maryam!

Maryam is an internationally educated pharmacist who completed all of our pharmacy study groups and passed all three exams on the first attempt: the EE, the MCQ and the OSCE. "I'd like to thank the facilitators of these groups for their warm support and comprehensive guidance," says Maryam.



PEBC EE, MCQ and OSCE exam prep study groups

Join the exam prep study groups for internationally educated pharmacists to help you pass your licensing exams. Groups start in July and August. We offer an online delivery option for EE and MCQ for clients living outside of Calgary. Call 403-770-5155. Toll free: 1-877-297-2553.

Office location:
Bow Valley College, West Campus
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Clear Communication for Health Care Professionals

Complete this job success group in 1 week from June 13 to 17. These sessions will help you to fine-tune communication skills with patients and colleagues from other health care fields. You will learn through role play the expectations of Canadian patients and health care providers.



Networking and Job Leads - June 2016

Take one step ahead with the skills you have learned from the How to Network workshop and expand your network. Over the four sessions you will put into practice your job search skills. The upcoming workshop series runs on Wednesdays, June 8 to 29 from 9:00 am to 12:00pm.

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