



Practice the art of meeting new people

Patrick's top tips for successful networking

Do you feel nervous before going to a networking event where you don't know anyone? We all do. Even more so if we are under the pressure of looking for a job during a recession. Patrick Cotter, one of our career coaches, suggests that job seekers should keep building new relationships to be ready for the economic recovery. Here is a list of Patrick's top tips for successful networking.

1. Give a firm handshake and look the person in the eye.
2. Be an active listener, avoid interrupting the speaker and focus on what the person is saying.
3. Engage in the conversation and ask relevant questions to show that you are paying attention.
4. Gather information about the person and their company and show interest. This is an opportunity to build a connection and expand your network.
5. Stay positive, your positive energy will come through to the people you meet.

Describing a challenging job search is not going to build a strong connection.

If you are an internationally educated professional and would like to practice your networking skills, join our Networking Sessions at Directions for Immigrants. The upcoming session is on February 3rd. Call us to book an appointment to determine your eligibility. 403-770-5155

Occupations A to Z

Physiotherapist



We help internationally educated professionals in any occupation in any industry.

For this edition of the newsletter we are highlighting Physiotherapy.

Physiotherapists help patients improve physical impairments associated with neuromuscular, musculoskeletal, cardiovascular and respiratory systems. These health care professionals promote fitness, health and wellness.

In Alberta, you must be registered with the [Physiotherapy Alberta College and Association](#). A total of 97 internationally educated members were registered with this licensing body in 2014, with more than half coming from India, according to their 2015 Annual Report.

Visit the [Directions for Immigrants website](#) to learn about the registration process for internationally educated physiotherapists.

Accreditation

PEBC EE
Study Group
December 2016



"It's been an amazing experience," says Gladys

"Thanks for all your support!" says Elizabeth

Gladys and Elizabeth are two of the twelve clients who completed the December Pharmacy Examining Board of Canada Evaluating Exam (PEBC EE) [study group](#). The EE is required as part of the licensing process that internationally educated pharmacists have to complete in Canada. Our clients wrote their EE on January 4 & 5. We wish you all good luck! The next PEBC EE group starts on February 1st.



Career Coaching Tip

Stay Informed

Stay informed, know what's happening in your industry and identify the companies that you think might be a good fit for you. Follow them on LinkedIn and read their annual reports to learn more about their projects, objectives and key employees. You should also research about the specific department you are interested in, not just the overall company business.

Marina, career coach at Directions for Immigrants.

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