



Top 3 personality traits of successful immigrant professionals

A lot has been said about what makes a person successful at work, in relationships, school, and sports. For this newsletter we asked our career coaches what are the top three personality traits that make immigrant professionals successful in their careers, regardless of external circumstances such as the economy or the regulations of an occupation.

Adaptability. "Being able to adjust to a new situation," is the first characteristic to succeed says Rachel Malahay, career coach at Directions. "Someone who is open-

minded to understanding the labour market in their industry, and how and where their transferable skills can be valuable in a different occupation."

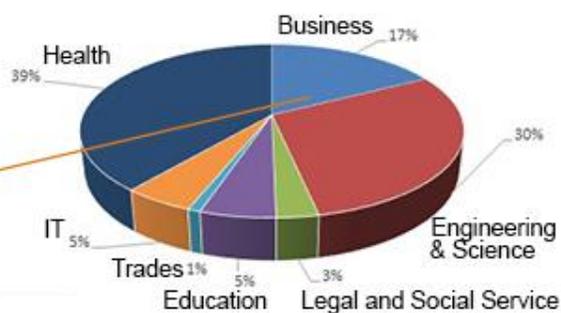
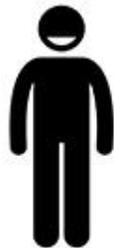
Attitude. Someone who is new to Canada and chooses to have a positive attitude has better chances of building relationships with others. A positive attitude allows you to make the best out of any situation. Rather than focusing on what was left behind, try to look forward to what is ahead.

Change resilience. This is the ability to recover from an unexpected event. If you decide "to go with the flow and deal with the change" you will likely accomplish your goals, explains Malahay.

If you want to work with a career coach call Directions for Immigrants at 403-770-5155.

Occupations A to Z

HR professionals



We help internationally educated professionals in any occupation, in any industry.

For this edition of the newsletter we are highlighting the occupation of Human Resources Professionals (HR). HR professionals facilitate the effective use of staff members to achieve organizational goals and objectives, according to the ALIS website. This occupation is not regulated however, some employers may require the Certified Human Resources Professional (CHRP) certification. The Human Resources Institute of Alberta (HRIA) is the certifying body in Alberta. To

learn about the requirements for internationally educated HR professionals, visit the [Directions for Immigrants website](#).

Success Story

Congratulations to Virgilio



Congratulations to Virgilio. He is an internationally educated project management professional from the Philippines. With over 10 years of experience he recently landed a job as a senior consultant for a construction company in Calgary. Virgilio immigrated to Canada in 2015 and worked two jobs in order to pay the bills. "During those challenging times, despite my busy schedule, I still maintained going to networking activities and meeting new friends in Calgary," says Virgilio. He received one-on-one career coaching from Marina and attended the [NPPE study group](#) at Directions for Immigrants. "I am thankful for all the assistance that Directions for Immigrants had done for me," says Virgilio.



Career Coaching Tip

A positive attitude
leads to good results

Fostering and demonstrating a positive attitude is essential in making any progress towards your job search goals. Take the first step and join our Power of Positive Attitude workshop for immigrant professionals.

Marina Hai, career coach at Directions for Immigrants.



Accreditation

Upcoming changes
in the licensing process
for international medical
graduates

The Medical Council of Canada (MCC) is responsible for examinations to become licensed as a physician. The MCC has announced changes in the accreditation process of international medical graduates. Starting in 2019, the MCC will eliminate the Medical Council of Canada Evaluating Examination (MCCEE). November 2018 will be the last session and candidates will have until mid-November 2018 to take this examination.

All candidates will be challenging the Medical Council of Canada Qualifying Examination (MCCQE) Part I without first having to pass the MCCEE, as the MCC page explains. To learn more, visit the [MCC page](#).

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